

HOOD & PORTLAND TO COAST VOLUNTEER DRIVING GUIDE



Traffic delays are inevitable and it's the responsibility of volunteers to be on time. This event **MUST HAVE** volunteers on time to their shifts.

EXCHANGES 1-17: Expect nearly no delays (potentially)

EXCHANGES 18-22: Expect to add an extra 30 minutes (potentially) to commute for traffic.

EXCHANGES 23-35: Expect to add an extra 60 minutes (potentially) to commute for traffic delays.

If you're lucky enough to arrive early for your shift, seek the volunteer parking area, check in with your Exchange Leader (wearing official HTC polo and cap), become familiar with the volunteer roles and responsibilities, and transition to the job assigned you by the Exchange Leader. Most importantly, enjoy the race and enforce the rules (www.hoodtocoast.com/rules-and-penalties)

Volunteer: works at the exchange (various duties; from calling out race numbers, to parking race vans, to garbage pick up).

Volunteer Monitor: reports to exchange and is given directions to drive (with one other monitor) to specific turn on course. Directs participants/vans at turn. Bring folding chair, -you'll be in one place!

Equipment Sitter: stays at exchange with equipment between wave of walk and run.

RACE COURSE EXCHANGES: Report to Exchange assigned approx. 15 minutes before shift time. Stand below the orange flag on an 8' pole along the side of the road. Look for the Exchange Leader, wearing a "Race Official" hat and polo. Tell the Exchange Leader your name and the team number that you are volunteering for. They will have you sign in. The Leader will assign you to a specific job, (e.g.: not permitting vehicles to stop in the middle of the road to drop off runners/walkers, directing exchange parking, etc.). Make sure to check out with the Exch. Leader prior to leaving your job AND sign out. This is the only way to verify you were there and served your full shift. Without verification, the team you represent will be disqualified.

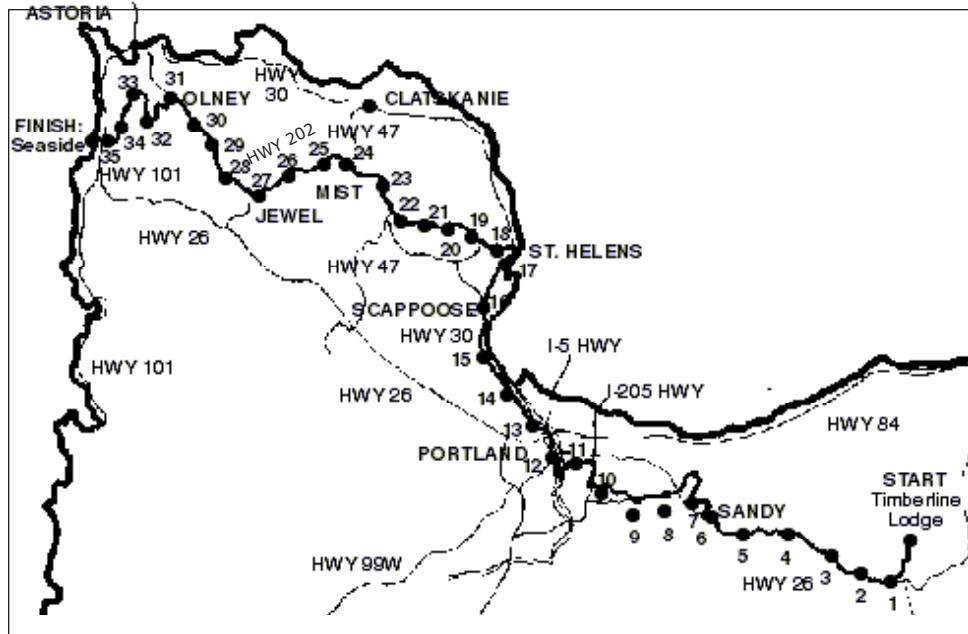
START (HTC: Timberline Lodge, approx. address: Timberline Lodge, OR 97028) (PTC: next to Eastbank Festival Plaza/east side of Hawthorne Bridge, Portland. Nearest parking address: **20 SE Madison St. Portland, OR 97214**) Report to the Start Area approximately 10 minutes before your "Start Time". Check in at the Information / Volunteer Check-in Table. The Start Director will assign you to your specific job at this time. Make sure to check out at the Volunteer Check-in Table prior to leaving and sign out.

FINISH (On beach at end of Broadway in Seaside. Approx. address: 30 North Promenade, Seaside, OR 97138). Report to the Finish Area approximately 15 min before your "Start Time". Sign in at the Information/Volunteer Check-in Table. You will be assigned to a specific job at that time. Make sure to sign out at the Volunteer Check-in Table prior to leaving. This is the only way we can verify you were there and served the full shift. Without that verification, the team you represent will be disqualified.

DRIVING TO EXCHANGES 30 - 35:

To avoid heavy relay traffic delays, we recommend the alternate route: from downtown Portland, merge onto I-405 N toward US 30 W. Merge onto US 30 via exit 3 toward St. Helens. Continue 93.7 miles to Astoria. Recommend to look up directions online from Astoria to address indicated for your exchange.

VOLUNTEER DRIVING INSTRUCTIONS



HOOD TO COAST START: Timberline Day Lodge on Mt. Hood (Approx. address: Timberline, Timberline Lodge, OR 97028)

PTC WALK & HIGH SCHOOL CHALLENGE START: SE Portland at Eastbank Festival Plaza, north of Hawthorne Bridge Bridge. (Approx address: 20 SE Madison St, Portland, OR 97214)

HTC & PTC FINISH: on the beach at the end of Broadway Avenue. (Approx. address: 30 North Promenade, Seaside, OR 97138)

To access Highway 26 from Portland, use either of the following routes:

I-84 Access: Take I-84 east to the "Wood Village" exit (238th Dr.). Turn right at the stop sign. Continue into Gresham and turn left onto Burnside. Continuing east, Burnside merges onto HWY 26.

I-84 Access: Take I-205 to the "Estacada" exit. Turn east onto HWY 224. This highway merges into HWY 212 within a short distance. Proceed along HWY 212 through Damascas and Boring to the intersection with HWY 26. Turn right and proceed east on HWY 26.

EXCHANGE POINT 1:**Government Camp**
Proceed approximately 30+ miles east of Sandy along HWY 26 to Government Camp. Turn left off HWY26 into the parking lot of Government Camp Rest Area. (Approx. address: near Mucoy Street, Government Camp, OR 97028)

EXCHANGE POINT 2:**Rhododendron**
Proceed approx. 23 miles east of Sandy along HWY 26. If coming from Sandy direction, the exchange is 3.41 miles east, past the Rhododendron Dairy Queen, as you head up towards the mountain at Hwy 26/Road 35. (Approx. address: Road 35/Hwy 26, Government Camp, OR 97028)

EXCHANGE POINT 3:**Rhododendron**
Proceed approx. 18 miles east of Sandy along HWY 26. The Exchange is in Rhododendron (on HWY 26) in front of the Mt Hood Food & General Store. (Address: 73265 E Hwy 26, Rhododendron, OR 97049)

EXCHANGE POINT 4:**Brightwood**
Proceed approx. 12 miles east of Sandy along HWY 26. The Exchange is at a Weigh Station 2.0 miles before reaching Brightwood. (Approx. address: near Sleepy Hollow Drive/Hwy 26, Sandy, OR 97055)

EXCHANGE POINT 5:**Cherryville**
Proceed approx. 6 miles east of Sandy along HWY 26. The Exchange is East, at the end of Cherryville Road where it meets with HWY 26. (Approx. address: SE Cherryville Drive/Hwy 26, Sandy, OR 97055)

EXCHANGE POINT 6 (MAJOR VAN EXCHANGE):**Sandy**
The physical "exchange" is adjacent to tennis courts of SANDY HIGH SCHOOL off Bluff Rd, with parking at the Sandy H.S. From Portland, turn left (north), from HWY 26 at signal, onto Bluff Rd. Continue 0.59 mi on Bluff Rd and turn left onto Bell St to park at school. (Approx. address: 37400 Bell St, Sandy, OR 97055)

EXCHANGE POINT 7:**Sandy**
Follow HWY 26 To Sandy, past Exchange #6, to Bluff Rd. Turn left at Bluff Rd. where a sign points to the High School. Continue on Bluff Rd. for approx. 4 miles to Oregon Trail Primary Academy. The school is on the right side of Bluff Rd. at the intersection with Proctor Road and 362nd Road. (Approx. address: 36225 SE Proctor Road, Boring, OR 97009)

EXCHANGE POINT 8:**(Boring Middle School / Naas Elementary School)**
Proceed on HWY 26 east, exit onto I-405 south, continue onto I-5 North, take exit 300 to merge onto I-84 east, continue and keep left on I-84 east. Take exit 16 for 238th Drive toward Wood Village. Turn right onto SE 238th Drive. Continue onto NE 242nd Drive, slight left onto NE Burnside Rd. Continue straight onto US-26 east. Turn left onto SE Stone Rd, turn right onto SE 282nd Ave/Boring Rd. Turn right onto OR 212 W / State Hwy 212 and continue. Turn right on SE Dee St/Keller Rd for 0.2 mile (exchange and school on right). Exchange is on Springwater Trail, adjacent to Boring M.S. (Address: 27801 SE Dee St, Boring, OR 97009)

EXCHANGE POINT 9:**East Gresham Park**
From Portland, take I-84 east to Exit 13 (181st St). Go south on 181st, then take left on Burnside. Take a right on Eastman Parkway. Take a left on Powell Blvd. Take a right at S. Main Ave and park near Baseball field adjacent to Springwater Trail. The Exchange is at East Gresham Park on Springwater Trail. (Approx. address: 219 S. Main Ave, Gresham, OR 97030)

EXCHANGE POINT 10: ...**Lents Gilbert Church(volunteer parking) Exch on Springwater**
From I-84 east, take Exit 6, for I-205 South, stay in left lane and merge onto I-205 South. Take exit 17 toward Foster Rd. Slight left onto Woodstock Blvd, then slight right onto SE Foster Rd. Continue for approx 1.2 miles. Turn left onto SE 122nd Ave. In 0.40 mile, Lents Gilbert Church will be on right (volunteer parking only). From SE 122nd Ave, go 0.20 mile and turn right onto SE Ramona St (Alice Ott M.S. on right in 0.1 mile, race vehicles park only). Park @ Lents Gilbert Church (volunteer cars only). Again Alice Ott Middle School (race vehicles only). EXCHANGE IS ON SPRINGWATER TRAIL adjacent to SE 122nd Ave. (Approx address: 5764 SE 122nd Ave, Portland, OR 97236)

EXCHANGE POINT 11:**Springwater Trail**
From SE Powell Blvd. turn south onto SE 39th Avenue. Continue to Woodstock Avenue where a right turn needs to be made onto SE Woodstock. Turn left off Woodstock onto SE 45th Avenue. The Exchange is near the intersection of Johnson Creek Blvd and Springwater Trail Corridor. (Approx. address: 4401 SE Johnson Creek Blvd, Portland, OR 97222)

EXCHANGE 12 (MAJOR VAN EXCHANGE):...Eastbank Esplanade/Hawthorne Bridge

Exchange parking located on northeast side of Hawthorne Bridge, adjacent to the Eastbank Esplanade. Just north of Hawthorne Bridge on Eastbank Esplanade is staging for HTC Exchange 12. The Portland To Coast Start is just east of parking area (north of bridge). From west, go over Marquam Bridge, take first right at Water Ave exit, right onto Water Ave, and park in fenced lot at SE Salmon/Water/Taylor. From east, take I-5 south towards Beaverton/Salem/City Center, keep right & follow signs for City Center/OMSI. Keep left at fork, follow signs for Oregon City. Keep right at fork, follow signs for McLoughlin Blvd. Turn left onto SE MLK Blvd, turn right onto SE Main down to parking near Eastbank Festival Plaza/Hawthorne Bridge. (Approx. address: 20 SE Madison St, Portland, OR 97214)

EXCHANGE POINT 13:Georgia Pacific (NW Front Ave.)

Exchange is about 3 miles north of the Steel Bridge. It can be accessed by following Front Ave. north from downtown Portland. It can also be accessed by using Stadium Freeway (I-405) to the St Helens exit. Follow the highway to NW Yeon Ave and turn right at second light (NW 26th Ave). Go over train overpass, and turn left onto Front Ave. at light. Continue 1/2 mile on Front Ave. to Exchange. (Approx. address: 3838 NW Front Ave, Portland, OR 97210)

EXCHANGE POINT 14:Linnton

Access is from either the St Johns Bridge or HWY 30 north. The exchange is approx. 0.9 mile north of Linnton just off HWY 30 on Marina Way at Georgia Pacific woodchip facility. (Approx. address: 11500 NW St. Helens and Marina Way, Portland, OR 97231)

EXCHANGE POINT 15:Weigh Station near Cornelius Pass Road

Located on HWY 30 approx. 3.3 miles past Cornelius Pass Road (1.1 miles past Wildwood Golf Course). From the west, Cornelius Pass Road is the best approach. From all other directions, use HWY 30. (Approx. address: Rocky Pointe Weigh Station/Hwy 30, Scappoose, OR)

EXCHANGE POINT 16:Scappoose High School

Located at Scappoose High School. Follow HWY 30 (Columbia River Hwy) to Scappoose (from Portland, High School will be on right). Turn right onto High School Way, (Walnut St and Subway shop on left) and park in large school on corner. (Approx. address: 33700 SE High School Way, Scappoose, OR 97056)

EXCHANGE POINT 17:St. Helens High School

Located near intersection of HWY 30 (Columbia River Hwy) and Gable Rd in St. Helens. The Exchange is at St. Helens High School on Gable Road (right next to SAFEWAY and behind McDonald's). From Portland, St. Helens H.S. will be on left. (Address: 2375 Gable Rd, St Helens, OR 97051)

EXCHANGE POINT 18 (MAJOR VAN EXCHANGE):.....St Helens (Fairgrounds)

Proceed along HWY 30 (Columbia River Hwy) towards St Helens. Turn left (about 3/4 mile before you reach St Helens) onto 'Millard' Road (no signal, near Auto Part shop and 'Century 21'). Continue 1.48 miles and turn right onto S. Bachelor Flat Rd. Continue approx 1/2 mile and turn left on Bachelor Flat Rd (which becomes Saulser Rd) and proceed 0.17 mile straight to Columbia Co. Fairgrounds (on right). Exchange is at Columbia County Fairgrounds, with access to parking from Saulser Rd via Gate 2. (Approx. address: 58892 Saulser Road, St. Helens, OR 97051)

EXCHANGE POINT 19:Pittsburgh Road

Located on Pittsburgh Road approx. 8 miles west of St Helens. Heading north on HWY 30 towards Astoria, turn left on Pittsburgh Rd (just after Wyeth St., before Deer Island Rd. in St Helens). Continue on Pittsburgh Rd for 8 miles to the Exchange (on left). (Approx. address: 30686 Pittsburgh Rd, St. Helens, OR 97051)

EXCHANGE POINT 20:**Pittsburgh Road**
Located on Pittsburgh Rd. approx. 12 miles west of St Helens and 5.75 miles from Exchange 19. (Approx. address: 9.75 miles on Pittsburgh Rd (near Janshaw Rd), St. Helens, OR 97051)

EXCHANGE POINT 21:**Schaffer Road**
Located on Schaffer Rd (close to Apiary Rd) approx. 17 miles west of St Helens. On HWY 30 go past St Helens to town of Deer Island. From Hwy 30, go left on Canaan Rd for 2 miles, then sharp left on Canaan Rd, continue (at 6.7 miles, you'll reach multiple intersections in road. Continue straight (no turns)). Canaan Rd then becomes Meissner Rd. At 7.8 miles, there will be a Y in road, take left fork and continue on Meissner Rd for 13.5 miles total, then turn left on Apiary Rd, continue for an additional 4.7 miles. Take sharp left on gravel road (Schaffer Rd unmarked). Exchange is 200 yards down Schaffer Rd). Taking this route, if you see Wilkerson Camp, you've gone too far. (Address not available) GPS: 45°56'41.97"N, 123° 2'39.90"W

EXCHANGE POINT 22:**Apiary Road**
This Exchange is located 10 miles east of Mist on Apiary Road. This road is also shown as Oak Ranch Road on some maps. Option 1: Take the Sunset Hwy (HWY 26) west from Portland to the Vernonia turnoff and turn right. Follow this through Vernonia to the Apiary turnoff. Turn right and follow Apiary Road for about 3 miles to the Exchange. Option 2: Follow the race course to Scappoose, take the Scappoose-Vernonia Highway. This is a left turn. Follow this highway until it runs into HWY 47 and turn right. Follow HWY 47 to the Apiary turnoff and turn right. Follow Apiary Road approx. 3 miles to the Exchange. (Approx. address: 20380 Apiary Road, Vernonia, OR)

EXCHANGE POINT 23:**Natal Grange (Mist)**
Best access to this Exchange is from HWY 26 west. Then take right on Hwy 47N/Nehalem Hwy (signs to Vernonia). Continue through Vernonia on HWY 47 past the Apiary turnoff where the race course is joined. The Exchange is 2.3 miles past the Apiary turnoff along HWY 47. (Approx. address: Natal, Columbia, OR)

EXCHANGE POINT 24 (MAJOR VAN EXCHANGE):**Mist**
Follow the instructions above to reach Exchange 23. From this Exchange continue along HWY 47 to Mist. At Mist, follow the left fork in the road (HWY 202). The Exchange is 1.25 miles past this intersection. Parking is in a large grassy field on right. (Approx. address: 13950 Hwy 202, Birkenfeld, OR 97016)

EXCHANGE POINT 25:**Birkenfeld Community Church**
Follow the instructions above to reach Exchange 23 & 24. Hwy 47 eventually becomes Hwy 202. Continue along HWY 202 to Birkenfeld and the Exchange (on right). (From Hwy 26/Hwy 47 turn, exchange is approx. 35.8 miles). Parking is very limited at this Exchange. Expect heavy traffic when approaching for the second shift. (Approx. address: 11249 Hwy 202, Birkenfeld, OR 97016)

EXCHANGE POINT 26:**HWY 202**
Follow the instructions to reach Exchange 27. Turning RIGHT at Hwy 202 and continuing East along Hwy 202 approximately 5.8 miles beyond Exchange 27. Caution: you will be traveling against race traffic. (Address: Hwy 202, Clatskanie, OR 97016) GPS: N 45 58'24.79" W 123 25'5.44"

EXCHANGE POINT 27:**Jewell**
The best access to this Exchange is from HWY 26 west. From HWY 26, EXIT South onto SR 103/Fish Hawk Falls Hwy (Elsie/Jewell exit) which then curves right (under Hwy 26) and travels North. Proceed 9 miles to the fork/intersection with HWY 202. Turn RIGHT onto HWY 202 and proceed 0.4 mile to the Exchange. (Approx. address: near 78805 Hwy 202, Jewell, OR 97138) GPS: N 45 56'7.31" W 123 29'50.36"

EXCHANGE POINT 28:HWY 202
Follow instructions to Exch 27 until the fork/intersection with HWY 202 in Jewell. Then turn LEFT onto HWY 202 and proceed 4.0 miles to the Exchange. Park in the Clatsop County stockpile yard on the left side of the highway. (Approx. address: near m.p 25 and Lee Wooden County Park, Jewell) GPS: N 45°57'15.8" W 123°34'26.7"

EXCHANGE POINT 29:HWY 202
Follow the instructions to Exch 27 until the fork/intersection of HWY 202 in Jewell. Then turn LEFT onto HWY 202 and proceed 10 miles to the Exchange. Expect team van traffic to be VERY heavy. (Approx. address: near m.p. 19.4, Astoria, 97103) GPS: 46°01'20.2"N 123°37'33.3"W

EXCHANGE POINT 30 (MAJOR VAN EXCHANGE):HWY 202
Follow the instructions to Exchange 31. After reaching Exchange Point 31, continue East on SR-202 for another 4.2 miles to arrive at Exchange Point 30. (You will be traveling backwards on the course against race traffic.) Use caution as you will see participants and heavy van traffic. Double van exchange! (Approx. address: 87232 Hwy 202, Astoria, OR 97103; GPS: 46°04'13.2"N 123°41'49.6"W)

EXCHANGE POINT 31:Coastline Christian Church (Olney)
Exchange is best reached via Astoria. From Portland take US 30 W., and continue approximately 94 miles to Astoria. Travel through Astoria. Just West of Astoria, Hwy 30 becomes Hwy 101, where you will find a Round-About. CIRCLE and EXIT the Round-About (at 2nd exit). TAKE Hwy 202 (East 202/Bus 101) toward Fairgrounds/Jewell. Continue East on SR-202 for approximately 9.2 miles, where you will join the race course. Continue (straight) on SR-202, using caution as participants are coming toward you. Drive another 0.2 miles to arrive at Exchange -- Coastline Christian Fellowship Church. (Approx. address: 89386 Hwy 202, Astoria, 97103; GPS: 46°05'54.8"N 123°45'11.4"W)

EXCHANGE POINT 32:Youngs River Falls/Road
Exchange is best reached via Astoria. Just West of Astoria on Hwy 101 there is a Round-About (on North end of Young's Bay Bridge). CIRCLE and EXIT Round-About (going SE). TAKE Hwy 202 (W Marine Dr). Drive 1.2 miles and TAKE the old Young's Bay Bridge (South). CROSS BRIDGE (following signs for Business101). Continue South 1 mi. to an intersection (Miles Crossing). TURN LEFT onto Young's River Road, and travel East (against race traffic). Exchange is approx. 7 miles on Young's River Rd, near Young's River Falls. (Park on Young's River Falls Road). Expect heavy van traffic and allow at least a 45 minute travel time from Astoria.

EXCHANGE POINT 33:Lewis and Clark School
This Exchange is best reached from Astoria. At the north end of Young's Bay Bridge on Hwy 101, take Hwy 202 (W Marine Dr) and follow sign for Business 101. Drive 1.2 mi. to the smaller Young's Bay Bridge. Cross bridge and drive 1 mi. to an intersection (feed store on right). Instead of staying on Business 101 (which turns right), continue straight on Lewis & Clark River Rd. Drive .4 mi. to Exchange. (Approx. address: 92179 Lewis & Clark Road, Astoria, 97103)

EXCHANGE POINT 34:Logging Station near Lewis & Clark Mainline trail
Follow instructions above to Exch 33, then continue past Lewis and Clark School for approx. 3.3 miles, then turn right onto Lewis & Clark Rd/Fort Clatsop Rd small bridge. Continue right on Fort Clatsop Rd for 0.80 mile to large open area formerly used for storing logs. (Address: 90886 Fort Clatsop Rd, Astoria, 97103)

EXCHANGE POINT 35:Pacific Timber Office
This Exchange is best reached from Seaside. Turn right (east) onto Lewis & Clark Road off HWY 101 at the north end of Seaside. Proceed approx. 3 miles east on Lewis & Clark Mainline Road. Take a right, go down forested long driveway. Exchange will be up ahead at the white building on the right. (Approx. address: 86645 Lewis & Clark Road, Seaside, OR 97138)